

# Salads *(make any salad a wrap)*

## CLASSICS

### **Caesar** (458 cal)

kale, romaine, croutons, parmesan, tomato, fried garlic chips, caesar dressing \$9.95

### **Greek** gf (428 cal)

spring mix, romaine, chickpeas, tomato, cucumber, olives, feta, dill tzatziki, meyer-lemon herb dressing \$9.95

### **Beet & Goat Cheese** (350 cal)

spinach, roasted beets, goat cheese, raw beets, apples, seasonal local fruit, health grain mix, cashews, grapefruit-honey vinaigrette \$9.95

### **Watermelon & Feta** gf (312 cal)

spring mix, watermelon, tomato, dried cranberries, sun sprouts, cashews, feta, roasted shallot balsamic \$9.95

### **Thai** gf, df (294 cal)

arugula, green papaya, carrot, cashews, tomato, cilantro, mint, red onion, thai-lemongrass vinaigrette \$9.95

### **Cobb** gf (503 cal)

spinach, romaine, bacon, blue cheese, avocado, boiled egg, spicy broccoli, tomato, green goddess dressing \$9.95

## CHEF INSPIRED

### **Buckwheat Noodle** df, v (265 cal)

spring mix, carrot, wasabi peas, radish, avocado, bell pepper, local sprouts, miso-ginger dressing \$9.95

### **Roasted Kabocha Squash & Strawberry Salad** gf (404 cal)

spinach, arugula, kabocha squash, strawberries, feta, almonds, quinoa, roasted shallot balsamic vinaigrette \$9.95

### **Paniolo** gf (422 cal)

spring mix, avocado, cheddar, crimini mushroom, bacon, purple sweet potatoes, spicy broccoli, chipotle-cilantro vinaigrette \$9.95

## HEALTH INSPIRED

### **Garden Lo-Cal** gf, df, v (91 cal)

kale, spinach, bell pepper, carrot, raw beets, cucumber, local sprouts, tomato, avocado-lime dressing \$9.95

### **Super Salad** gf, df, v (252 cal)

kale, spinach, purple sweet potato, raw beets, spicy brussel sprouts, raw corn, almonds, avocado-lime dressing \$9.95

### **Kumu Farms Papaya Salad** (367 cal)

half sunrise non-gmo organic papaya, health grain mix, feta cheese, dried cranberries, almonds, corn, mint, strawberries, lemon & olive oil \$9.95