

(make any salad a wrap)

Salads & Grain Bowls

CLASSICS

Caesar (458 cal) \$9.95
kale, romaine, croutons, parmesan, tomato, fried garlic chips, caesar dressing

Greek gf (428 cal) \$9.95
spring mix, romaine, chickpeas, tomato, cucumber, olives, feta, dill tzatziki, meyer-lemon herb dressing

Beet & Goat Cheese (350 cal) \$9.95
spinach, roasted beets, goat cheese, raw beets, apples, seasonal local fruit, health grain mix, cashews, lilikoi-mango dressing

Watermelon & Feta gf (312 cal) \$9.95
spring mix, watermelon, tomato, dried cranberries, sun sprouts, cashews, feta, roasted shallot-balsamic

Thai gf, df (294 cal) \$9.95
arugula, green papaya, carrot, cashews, tomato, cilantro, mint, red onion, thai-lemongrass vinaigrette

Cobb gf (503 cal) \$10.95
romaine, bacon, blue cheese, avocado, boiled egg, spicy broccoli, tomato, green goddess dressing

GRAIN BOWLS

Ancient Grain Bowl gf (796 cal) \$8.95
quinoa, purple cabbage, tomato, cucumbers, curry golden raisins, herbs, kalamata olives, hummus, feta, meyer lemon dressing, tzatziki

Seasonal Grain Bowl (755 cal) \$8.95
quinoa, purple cabbage, roasted beets, radish, spicy brussel sprouts, kabocha squash, almonds, blue cheese, curry golden raisins, roasted shallot-balsamic vinaigrette

Kumu Farms Papaya Salad (367 cal) \$9.95
half sunrise non-gmo organic papaya, health grain mix, feta cheese, dried cranberries, almonds, corn, mint, strawberries, lemon & olive oil

CHEF INSPIRED

Buckwheat Noodle df, v (265 cal) \$9.95
spring mix, carrot, wasabi peas, radish, avocado, bell pepper, local sprouts, miso-ginger dressing

Maui Goddess gf (634 cal) \$9.95
romaine, apples, strawberries, purple sweet potato, cashews, curry golden raisins, blue cheese, green goddess dressing

Super Salad gf, df, v (252 cal) \$9.95
kale, spinach, purple sweet potato, raw beets, spicy brussel sprouts, raw corn, almonds, avocado-lime dressing

Roasted Kabocha Squash & Strawberry Salad gf (404 cal) \$9.95
spinach, arugula, kabocha squash, strawberries, feta, almonds, quinoa, roasted shallot-balsamic vinaigrette

Paniolo gf (422 cal) \$9.95
spring mix, avocado, cheddar, crimini mushroom, bacon, purple sweet potatoes, spicy broccoli, chipotle-cilantro vinaigrette

